

| Pos                         | Nombre                          | N Club                  | Tiempo    |
|-----------------------------|---------------------------------|-------------------------|-----------|
| <b>M16 (13) 4,8 km 19 C</b> |                                 |                         |           |
| 1                           | 60 Aimar Urquizu Diego          | CDN                     | 29:38     |
| 2                           | 35 Mateo Rodríguez Díaz         | Pontevedra AROMON       | 31:02     |
| 3                           | 38 Gonzalo Zorrilla Olias       | Madrid O-CHARLIES_O     | 31:30     |
| 4                           | 36 Andrés Moya Rodríguez        | Cuenca COMCU            | 31:45     |
| 5                           | 34 Bernat Ledesma Buscart       | Barcelona CAT-O         | 32:43     |
| 6                           | 39 Gonzalo Ferrando Galán       | Toledo TOLEDO-O         | 34:13     |
| 7                           | 56 Iker Gisasola                | GOT                     | 35:11     |
| 8                           | 57 Lucas Rodríguez              | LA BRUJULA              | 44:29     |
| 9                           | 58 Juan Manuel Pozo Prada       | ORIENTAGETAPE           | 49:27     |
| 10                          | 37 Nicolás López González       | La Coruña OP BETANZ     | 50:56     |
| 11                          | 59 Lluç Torné Solá              | COC                     | 51:52     |
| 12                          | 40 Yediel Calvo Pérez           | Valencia VALENCIA-O     | 1:08:45   |
| 13                          | 55 Aimar Arrieta                | GOT                     | 1:13:57   |
| <b>W16 (18) 4,0 km 14 C</b> |                                 |                         |           |
| 1                           | 23 Irene Guerrero Pérez         | Sevilla ADOL            | 41:04     |
| 2                           | 52 Iranzu Urquizu Diego         | CDN                     | 42:25     |
| 3                           | 65 Judit Ravell Sole            | MONTSANT                | 43:04     |
| 4                           | 19 Patricia Toledo Navarro      | Madrid MALARRUTA        | 43:14     |
| 5                           | 24 Clara Virgili Serrallonga    | Barcelona CAT-O         | 44:01     |
| 6                           | 53 Guinedell Faja               | Barcelona CAT-O         | 46:22     |
| 7                           | 18 Adriana Rolland Llamas       | Sevilla MONTELLANO      | 48:57     |
| 8                           | 20 Marina Misas Bernardino      | Sevilla ADOL            | 50:08     |
| 9                           | 27 Ana Cristina Paisán Martínez | Alicante COLIVENC       | 50:22     |
| 10                          | 25 Lúdia Grau Olivé             | Barcelona CAT-O         | 54:19     |
| 11                          | 30 Ainhoa Payá Moles            | Alicante COLIVENC       | 56:47     |
| 12                          | 17 Sara López Martín            | Málaga COMA             | 1:02:15   |
| 13                          | 26 Blanca Beatriz González Ma   | Málaga COMA             | 1:14:43   |
|                             | 29 LAURA DONCEL RODRIGU         | Badajoz ITACA           | e control |
|                             | 21 Julia Elhombre Jiménez       | Zaragoza IBON ZARAG     | e control |
|                             | 22 Lucía Elhombre Jiménez       | Zaragoza IBON ZARAG     | bandona   |
|                             | 28 María Bermejo Agustín        | Zaragoza IBON ZARAG     | bandona   |
|                             | 16 Eva Casado Nuñez             | La Coruña OP BETANZ     | bandona   |
| <b>M18 (14) 5,5 km 21 C</b> |                                 |                         |           |
| 1                           | 46 Pablo Ferrando Galán         | Toledo TOLEDO-O         | 35:26     |
| 2                           | 63 Gustav Wiren                 | MALARRUTA               | 36:35     |
| 3                           | 45 Roger Virgili Serrallonga    | Barcelona CAT-O         | 38:16     |
| 4                           | 42 Unax Galarraga Lopez         | Guipúzcoa GOT           | 45:03     |
| 5                           | 44 Javier García Jiménez        | Albacete BMT CASAS D    | 46:24     |
| 6                           | 47 Andreu Grau Olive            | Barcelona CAT-O         | 48:09     |
| 7                           | 50 Hector Sanchís Pont          | Universidad de Alicante | 48:56     |
| 8                           | 62 Oihian Pascual               | CDN                     | 50:01     |
| 9                           | 49 Adrián Rubio Alonso          | Segovia MARISTAS_SE     | 50:37     |
| 10                          | 43 José Antonio Villar Górriz   | Albacete BMT CASAS D    | 56:31     |
| 11                          | 61 Pablo Fernández              | FLUVIAL                 | 58:31     |
| 12                          | 41 Éric Loré Amigó              | Barcelona CAT-O         | 58:46     |
| 13                          | 64 Asier Castilla Picaza        | COBI                    | 1:05:43   |
|                             | 48 Fernando José González Ma    | Málaga COMA             | bandona   |

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|----------------|--------------------------------|---|----------------------|--------------------|
| <b>W18 (5)</b> |                                |   |                      | <b>4,6 km 16 C</b> |
| 1              | 31 Lucía Misas Bernardino      |   | Sevilla ADOL         | 40:46              |
| 2              | 54 Marina Aparicio Garrigós    |   | IBI                  | 47:50              |
| 3              | 32 Cristina Márquez Martín-Tes |   | Toledo TOLEDO-O      | 49:44              |
| 4              | 33 Inés Bermejo Agustín        |   | Zaragoza IBON ZARAG  | 50:29              |
| 5              | 51 Nerea González Peña         |   | Toledo TOLEDO-O      | 58:50              |
| <b>M20 (6)</b> |                                |   |                      | <b>5,9 km 21 C</b> |
| 1              | 4 Alvaro Casado Gómez          |   | GOCAN                | 32:10              |
| 2              | 1 Miguel Garrido Corral        |   | Veleta               | 38:20              |
| 3              | 6 Pol Canosa I Vidal           |   | Barcelona CAT-O      | 40:55              |
| 4              | 2 Isaac Hernández Pindado      |   | CODAN_EXTREMADUR     | 41:30              |
| 5              | 3 Álvaro García Bernabeu       |   | Colivenc             | 43:56              |
| 6              | 5 David Rojas Jiménez          |   | Alabarda-O           | 44:54              |
| <b>W20 (8)</b> |                                |   |                      | <b>5,1 km 18 C</b> |
| 1              | 8 Kika Basarán                 |   | Toledo TOLEDO-O      | 45:18              |
| 2              | 13 Xènia Ledesma Buscart       |   | Barcelona CAT-O      | 45:49              |
| 3              | 11 Aruca Siqueira Batanero     |   | C.O.GUADALAJARA      | 46:10              |
| 4              | 14 Ana Isabel Toledo Navarro   |   | Club Imperdible      | 46:25              |
| 5              | 10 Ana Defez Cernicharo        |   | Albacete BMT CASAS D | 51:26              |
| 6              | 12 Ines Pozo Prada             |   | O-Getafe             | 52:20              |
| 7              | 9 Alba Martínez Ibáñez         |   | Totana Orientación   | 56:12              |
| 8              | 15 Ana Rodríguez Díaz          |   | Toledo TOLEDO-O      | 1:04:53            |