

os	rsal	Nombre	Tiempo	5,0 km 130 m			16 C										
				1(59) 15(49)	2(58) 16(100)	3(54) F	4(46)	5(33)	6(31)	7(32)	8(41)	9(43)	10(42)	11(34)	12(37)	13(50)	14(51)
1	100	ABEL HERRERO GÓ CASTILLA Y LEÓN C	37:55	1:27 34:52 0:39	2:59 37:46 2:54	3:37 37:55 0:09	5:05 1:28	12:11 7:06	13:33 1:22	14:27 0:54	17:39 3:12	21:19 3:40	21:56 0:37	24:09 2:13	25:00 0:51	33:01 8:01	34:13 1:12
2	83	IGNACIO SÁNCHEZ CASTILLA-LA MANC	38:08	1:21 34:54 0:32	2:45 37:57 3:03	3:24 38:08 0:11	4:53 1:29	10:58 6:05	12:34 1:36	14:09 1:35	17:42 3:33	21:47 4:05	23:05 1:18	26:36 3:31	27:37 1:01	33:32 5:55	34:22 0:50
3	23	JORGE PARICIO FR ARAGÓN ARAGÓN	38:50	1:30 35:40 0:41	3:08 38:39 2:59	3:52 38:50 0:11	5:32 1:40	12:09 6:37	13:46 1:37	15:03 1:17	19:59 4:56	24:28 4:29	25:09 0:41	27:59 2:50	28:51 0:52	33:46 4:55	34:59 1:13
4	84	JAIME TORDERA MO CASTILLA-LA MANC	39:40	1:18 36:30 0:41	2:52 39:30 3:00	3:28 39:40 0:10	5:04 1:36	12:06 7:02	14:01 1:55	15:00 0:59	18:32 3:32	22:33 4:01	25:01 2:28	28:13 3:12	29:15 1:02	34:51 5:36	35:49 0:58
5	82	FRANCISCO BORJA CASTILLA-LA MANC	40:26	1:39 36:57 0:44	3:14 40:12 3:15	3:57 40:26 0:14	6:18 2:21	13:35 7:17	15:15 1:40	16:14 0:59	19:52 3:38	23:46 3:54	24:29 0:43	27:18 2:49	28:40 1:22	34:50 6:10	36:13 1:23
6	81	CARLOS BLASCO C CASTILLA-LA MANC	40:27	1:59 37:22 0:39	3:51 40:17 2:55	4:52 40:27 0:10	6:26 1:34	13:15 6:49	14:59 1:44	16:44 1:45	20:27 3:43	25:00 4:33	25:37 0:37	28:40 3:03	29:58 1:18	35:05 5:07	36:43 1:38
7	129	ANDREU ESPINOSA C.VALENCIANA C.VA	40:56	1:44 37:23 0:39	3:34 40:41 3:18	4:16 40:56 0:15	5:47 1:31	12:27 6:40	14:29 2:02	16:00 1:31	20:16 4:16	24:33 4:17	25:22 0:49	28:48 3:26	29:51 1:03	35:46 5:55	36:44 0:58
8	7	MANUEL PARRILLA ANDALUCIA ANDAL	41:12	1:36 37:44 0:43	3:26 40:58 3:14	4:16 41:12 0:14	6:20 2:04	13:02 6:42	14:57 1:55	17:27 2:30	21:55 4:28	26:23 4:28	27:13 0:50	30:05 2:52	30:55 0:50	35:49 4:54	37:01 1:12
9	193	JORGE CARACA- VA MADRID MADRID	41:42	1:34 38:41 0:44	3:30 41:31 2:50	4:20 41:42 0:11	6:06 1:46	13:33 7:27	16:41 3:08	17:44 1:03	21:35 3:51	25:37 4:02	26:25 0:48	29:29 3:04	30:21 0:52	36:35 6:14	37:57 1:22
10	132	MIGUEL ANGEL TO C.VALENCIANA C.VA	42:37	1:30 38:42 0:42	3:03 42:26 3:44	3:43 42:37 0:11	5:29 1:46	11:08 5:39	12:50 1:42	14:01 1:11	17:52 3:51	22:10 4:18	23:00 0:50	25:55 2:55	26:57 1:02	34:54 7:57	38:00 3:06
11	37	ALFONSO CAMBLO ASTURIAS ASTURIAS	43:02	2:42 39:30 0:40	5:08 42:50 3:20	6:03 43:02 0:12	7:49 1:46	14:39 6:50	16:32 1:53	18:04 1:32	22:26 4:22	26:35 4:09	27:29 0:54	30:53 3:24	31:52 0:59	37:53 6:01	38:50 0:57
12	6	PABLO DE LA PASC ANDALUCIA ANDAL	43:08	1:28 39:29 0:36	2:57 42:55 3:26	3:41 43:08 0:13	5:12 1:31	12:13 7:01	14:10 1:57	16:27 2:17	20:43 4:16	24:49 4:06	25:37 0:48	29:31 3:54	30:34 1:03	37:43 7:09	38:53 1:10
13	196	LUIS DE FRUTOS C MADRID MADRID	43:22	1:32 39:21 0:46	4:16 43:09 3:48	4:57 43:22 0:13	6:37 1:40	13:08 6:31	16:06 2:58	17:08 1:02	21:11 4:03	24:44 3:33	26:18 1:34	29:51 3:33	30:54 1:03	37:28 6:34	38:35 1:07
14	98	OSCAR LOBATO MA CASTILLA Y LEÓN C	45:36	1:33 42:14 0:37	3:09 45:26 3:12	3:53 45:36 0:10	5:40 1:47	12:47 7:07	14:39 1:52	15:39 1:00	19:39 4:00	23:05 3:26	27:48 4:43	30:34 2:46	31:40 1:06	40:39 8:59	41:37 0:58
15	180	SERGIO MORAN CA LA RIOJA LA RIOJA	45:46	1:26 42:04 0:34	2:51 45:34 3:30	3:22 45:46 0:12	5:03 1:41	11:33 6:30	13:18 1:45	14:10 0:52	19:02 4:52	24:40 5:38	28:23 3:43	32:28 4:05	33:43 1:15	40:23 6:40	41:30 1:07
16	115	ARNAU LORO SANS CATALUÑA CATALUÑ	46:22	1:44 42:45 0:38	3:34 46:11 3:26	4:16 46:22 0:11	6:17 2:01	13:04 6:47	15:20 2:16	17:11 1:51	21:34 4:23	25:47 4:13	26:39 0:52	31:27 4:48	32:34 1:07	40:56 8:22	42:07 1:11
17	5	IVÁN CARRERA CU ANDALUCIA ANDAL	46:49	1:51 43:21 0:34	3:50 46:38 3:17	4:35 46:49 0:11	6:21 1:46	15:42 9:21	17:50 2:08	19:16 1:26	23:32 4:16	29:16 5:44	30:02 0:46	33:35 3:33	34:44 1:09	41:32 6:48	42:47 1:15
18	131	ALEJANDRO SANCH C.VALENCIANA C.VA	47:03	2:06 43:18 0:34	5:34 46:51 3:33	6:15 47:03 0:12	7:51 1:36	14:06 6:15	15:56 1:50	17:22 1:26	21:22 4:00	26:07 4:45	31:12 5:05	34:48 3:36	35:43 0:55	41:48 6:05	42:44 0:56
19	99	JULIO VELEZ MUÑO CASTILLA Y LEÓN C	47:27	1:28 43:20 0:42	3:28 47:16 3:56	4:18 47:27 0:11	6:02 1:44	13:00 6:58	14:59 1:59	16:32 1:33	21:16 4:44	25:31 4:15	26:25 0:54	33:24 6:59	34:32 1:08	41:19 6:47	42:38 1:19
20	8	CARLOS SANZ ALEJ ANDALUCIA ANDAL	50:09	1:33 46:57 0:39	3:03 49:54 2:57	3:46 50:09 0:15	6:24 2:38	12:18 5:54	22:04 9:46	23:36 1:32	27:12 3:36	31:40 4:28	33:57 2:17	36:15 2:18	37:13 0:58	45:04 7:51	46:18 1:14

os	rsal	Nombre	Tiempo														
<b>CADETE-HOMBRES (57)</b>				<b>5,0 km 130 m</b>			<b>16 C</b>			<i>(cont.)</i>							
				1(59) 15(49)	2(58) 16(100)	3(54) F	4(46)	5(33)	6(31)	7(32)	8(41)	9(43)	10(42)	11(34)	12(37)	13(50)	14(51)
21	65	JORGE ALONSO MA CANTABRIA CANTAB	50:19	2:55 2:55 46:54	5:36 2:41 50:08	6:24 0:48 50:19	8:14 1:50	15:46 7:32	18:05 2:19	20:29 2:24	24:52 4:23	29:05 4:13	29:47 0:42	35:55 6:08	36:46 0:51	44:03 7:17	46:01 1:58
22	54	JORGE GUEDES AR CANARIAS CANARIA	50:22	0:53 1:49 1:49 46:45	3:14 3:44 1:55 50:07	0:11 4:24 0:40 50:22	5:53 1:29	14:54 9:01	16:47 1:53	18:03 1:16	22:56 4:53	29:47 6:51	30:27 0:40	35:59 5:32	36:50 0:51	43:51 7:01	45:45 1:54
23	212	SAMUEL LOPEZ CO MURCIA MURCIA	50:24	1:00 1:30 1:30 46:37	3:22 3:13 1:43 50:11	0:15 4:00 0:47 50:24	5:38 1:38	15:07 9:29	17:23 2:16	19:41 2:18	24:01 4:20	28:24 4:23	29:27 1:03	32:45 3:18	33:58 1:13	43:00 9:02	45:41 2:41
24	113	MARTÍ ILLA CAMPS CATALUÑA CATALUÑ	50:35	0:56 1:59 1:59 46:44	3:34 5:36 3:37 50:19	0:13 6:28 0:52 50:35	8:21 1:53	18:26 10:05	20:41 2:15	22:08 1:27	26:22 4:14	30:21 3:59	33:19 2:58	36:36 3:17	38:09 1:33	44:38 6:29	46:07 1:29
25	179	ADRIAN RAMIREZ S LA RIOJA LA RIOJA	51:36	0:37 1:45 1:45 47:11	3:35 3:27 1:42 51:24	0:16 4:19 0:52 51:36	6:14 1:55	15:06 8:52	17:37 2:31	19:04 1:27	23:21 4:17	27:43 4:22	30:48 3:05	34:35 3:47	35:42 1:07	45:03 9:21	46:19 1:16
26	211	PABLO TERUEL MIÑ MURCIA MURCIA	52:05	0:52 1:49 1:49 49:04	4:13 3:41 1:52 51:53	0:12 4:27 0:46 52:05	5:50 <b>1:23</b>	12:52 7:02	14:40 1:48	16:33 1:53	24:50 8:17	28:13 <b>3:23</b>	35:23 7:10	38:17 2:54	39:07 <b>0:50</b>	47:08 8:01	48:17 1:09
27	177	RAUL ORTEGA OCH LA RIOJA LA RIOJA	52:06	0:47 1:39 1:39 48:09	<b>2:49</b> 3:54 2:15 51:55	0:12 5:25 1:31 52:06	7:41 2:16	17:32 9:51	19:26 1:54	20:43 1:17	25:01 4:18	29:29 4:28	30:51 1:22	34:08 3:17	35:12 1:04	44:28 9:16	46:19 1:51
27	194	ENRIQUE CHOUSA MADRID MADRID	52:06	1:28 2:06 2:06 48:51	3:04 4:16 2:10 51:55	0:11 5:11 0:55 52:06	7:12 2:01	18:05 10:53	19:53 1:48	21:13 1:20	25:52 4:39	32:02 6:10	33:02 1:00	37:52 4:50	38:47 0:55	44:53 6:06	47:23 2:30
29	209	ANTONIO JESÚS LÓ MURCIA MURCIA	52:57	1:06 3:23 3:23 48:19	4:23 4:53 1:30 52:42	0:15 5:40 0:47 52:57	7:16 1:36	14:43 7:27	17:00 2:17	20:38 3:38	25:42 5:04	30:13 4:31	31:01 0:48	35:09 4:08	36:11 1:02	42:12 6:01	47:13 5:01
30	130	SERGIO LILLO CAN C.VALENCIANA C.VA	53:50	0:45 1:55 1:55 48:35	5:00 3:54 1:59 53:35	0:15 4:48 0:54 53:50	6:35 1:47	14:55 8:20	18:01 3:06	19:27 1:26	24:13 4:46	29:18 5:05	32:19 3:01	36:58 4:39	38:06 1:08	46:08 8:02	47:50 1:42
31	97	MARIO ADEVA CON CASTILLA Y LEÓN C	55:01	0:49 1:48 1:48 51:01	3:48 3:45 1:57 54:49	0:12 4:33 0:48 55:01	6:20 1:47	17:57 11:37	20:02 2:05	21:47 1:45	27:05 5:18	33:13 6:08	34:53 1:40	38:47 3:54	40:10 1:23	48:40 8:30	50:12 1:32
32	116	GUILLEM PARCERI CATALUÑA CATALUÑ	55:46	0:49 1:43 1:43 52:26	3:48 3:28 1:45 55:31	0:12 4:22 0:54 55:46	6:18 1:56	19:15 12:57	21:20 2:05	22:34 1:14	28:08 5:34	32:36 4:28	35:02 2:26	39:27 4:25	40:57 1:30	48:21 7:24	51:54 3:33
33	67	SERGIO HERNAND CANTABRIA CANTAB	56:45	0:53 2:02 2:02 51:09	5:22 5:30 3:28 56:31	0:14 6:27 0:57 56:45	8:05 1:38	15:55 7:50	18:36 2:41	20:56 2:20	27:19 6:23	32:08 4:49	33:23 1:15	37:30 4:07	38:49 1:19	48:24 9:35	50:16 1:52
34	53	ANTONIO GARCIA A CANARIAS CANARIA	57:16	0:53 2:15 2:15 52:31	5:22 3:45 1:30 57:03	0:14 4:36 0:51 57:16	6:25 1:49	19:18 12:53	21:11 1:53	22:35 1:24	28:00 5:25	32:56 4:56	34:21 1:25	38:11 3:50	39:24 1:13	48:15 8:51	50:50 2:35
35	39	AZARIEL MENÉNDE ASTURIAS ASTURIAS	1:01:30	1:41 1:32 1:32 50:42	4:32 <b>1:20</b> 2:52 1:01:20	0:13 0:45 3:37 1:01:30	5:14 1:37	11:13 5:59	18:16 7:03	19:26 1:10	23:10 3:44	28:13 5:03	33:18 5:05	36:52 3:34	37:47 0:55	46:06 8:19	49:46 3:40
36	21	DAVID ALLOZA TEJE ARAGÓN ARAGÓN	1:01:37	0:56 2:18 2:18 57:06	10:38 5:16 2:58 1:01:23	0:10 6:16 1:00 1:01:37	9:57 3:41	19:20 9:23	22:01 2:41	23:45 1:44	29:30 5:45	37:32 8:02	39:58 2:26	44:19 4:21	45:53 1:34	54:11 8:18	56:11 2:00
37	145	JHONATAN ESTEBA EXTREMADURA EXT	1:04:12	0:55 1:37 1:37 59:35	4:17 3:41 2:04 1:03:59	0:14 4:33 0:52 1:04:12	6:26 1:53	16:31 10:05	18:34 2:03	20:03 1:29	24:48 4:45	38:34 13:46	39:20 0:46	42:38 3:18	44:00 1:22	51:04 7:04	58:45 7:41
38	55	ELEAZAR HERNÁND CANARIAS CANARIA	1:04:35	0:50 1:25 1:25 1:00:00	4:24 3:30 2:05 1:04:22	0:13 4:06 0:36 1:04:35	6:18 2:12	14:20 8:02	23:05 8:45	24:10 1:05	28:24 4:14	34:27 6:03	35:06 0:39	40:34 5:28	41:48 1:14	51:47 9:59	59:28 7:41
39	195	MIGUEL CORRAL S MADRID MADRID	1:05:32	<b>0:32</b> 1:25 1:25 1:01:20	4:22 3:01 1:36 1:05:16	0:13 3:52 0:51 1:05:32	5:24 1:32	16:33 11:09	26:06 9:33	27:42 1:36	32:14 4:32	36:17 4:03	38:00 1:43	44:13 6:13	45:21 1:08	59:21 14:00	1:00:32 1:11

os	rsal	Nombre	Tiempo															
<b>CADETE-HOMBRES (57)</b>				<b>5,0 km 130 m</b>			<b>16 C</b>			<i>(cont.)</i>								
				1(59) 15(49)	2(58) 16(100)	3(54) F	4(46)	5(33)	6(31)	7(32)	8(41)	9(43)	10(42)	11(34)	12(37)	13(50)	14(51)	
40	164	EROS MATA RODRI GALICIA GALICIA	1:07:04	2:24 2:24 1:03:33 0:40	10:31 8:07 1:06:52 3:19	11:14 0:43 1:07:04 0:12	15:26 4:12	25:15 9:49	28:33 3:18	29:59 1:26	36:22 6:23	42:36 6:14	43:55 1:19	47:57 4:02	49:21 1:24	1:00:15 10:54	1:02:53 2:38	
41	24	IVÁN TOMÁS MORA ARAGÓN ARAGÓN	1:10:49	1:53 1:53 1:06:08 0:49	4:11 2:18 1:10:34 4:26	5:10 0:59 1:10:49 0:15	7:35 2:25	19:24 11:49	22:00 2:36	23:47 1:47	29:17 5:30	34:58 5:41	36:52 1:54	41:48 4:56	43:28 1:40	57:51 14:23	1:05:19 7:28	
42	38	ALVARO FERNÁNDE ASTURIAS ASTURIAS	1:12:08	3:49 3:49 1:07:33 1:57	6:04 2:15 1:11:55 4:22	6:53 0:49 1:12:08 0:13	8:37 1:44	26:16 17:39	29:39 3:23	31:34 1:55	37:53 6:19	44:48 6:55	46:13 1:25	51:03 4:50	52:28 1:25	1:02:29 10:01	1:05:36 3:07	
43	114	MARCEL IZCARA BO CATALUÑA CATALUÑ	1:14:24	2:16 2:16 1:10:46 0:36	4:34 2:18 1:14:12 3:26	5:38 1:04 1:14:24 0:12	8:25 2:47	18:40 10:15	36:48 18:08	38:11 1:23	43:10 4:59	53:34 10:24	54:37 1:03	59:32 4:55	1:00:40 1:08	1:08:50 8:10	1:10:10 1:20	
44	52	DANIEL CLEMENTE CANARIAS CANARIA	1:17:42	1:40 1:40 1:07:08 0:40	3:35 1:55 1:17:32 10:24	4:16 0:41 1:17:42 0:10	10:56 6:40	26:24 15:28	31:50 5:26	33:59 2:09	39:16 5:17	48:24 9:08	49:18 0:54	52:46 3:28	54:02 1:16	1:00:22 6:20	1:06:28 6:06	
45	22	ÓSCAR GRACIA SÁN ARAGÓN ARAGÓN	1:19:20	2:01 2:01 1:14:38 0:48	4:56 2:55 1:19:09 4:31	6:16 1:20 1:19:20 0:11	8:45 2:29	31:09 22:24	34:04 2:55	36:11 2:07	41:18 5:07	52:31 11:13	53:20 0:49	57:31 4:11	59:31 2:00	1:11:14 11:43	1:13:50 2:36	
46	163	IVAN LOIS SERTO GALICIA GALICIA	1:19:47	1:55 1:55 1:16:06 0:36	4:42 2:47 1:19:36 3:30	5:52 1:10 1:19:47 0:11	7:37 1:45	23:37 16:00	26:04 2:27	30:51 4:47	38:27 7:36	44:35 6:08	47:29 2:54	51:31 4:02	52:47 1:16	1:07:53 15:06	1:15:30 7:37	
47	147	JAVIER PEÑAS MATE EXTREMADURA EXT	1:22:06	1:39 1:39 1:17:54 0:43	3:22 1:43 1:21:56 4:02	3:59 0:37 1:22:06 0:10	5:41 1:42	11:31 5:50	13:26 1:55	15:07 1:41	19:08 4:01	41:28 22:20	42:48 1:20	48:01 5:13	49:06 1:05	1:15:35 26:29	1:17:11 1:36	
48	40	BELTRAN SANCHEZ ASTURIAS ASTURIAS	1:23:51	1:41 1:41 1:19:34 0:38	3:28 1:47 1:23:35 4:01	4:19 0:51 1:23:51 0:16	6:07 1:48	19:30 13:23	22:58 3:28	25:32 2:34	30:33 5:01	36:18 5:45	46:25 10:07	1:03:58 17:33	1:05:17 1:19	1:16:28 11:11	1:18:56 2:28	
49	146	ÁLVARO MIRANDA G EXTREMADURA EXT	1:31:34	3:05 3:05 1:23:47 0:56	5:55 2:50 1:31:16 7:29	7:12 1:17 1:31:34 0:18	9:29 2:17	18:45 9:16	34:53 16:08	36:16 1:23	41:31 5:15	56:24 14:53	57:16 0:52	1:04:47 7:31	1:06:40 1:53	1:19:27 12:47	1:22:51 3:24	
50	161	MIGUEL BALBOA R GALICIA GALICIA	1:41:12	2:51 2:51 1:34:50 0:51	6:21 3:30 1:41:00 6:10	7:27 1:06 1:41:12 0:12	9:48 2:21	23:40 13:52	35:52 12:12	38:32 2:40	49:10 10:38	1:05:08 15:58	1:06:15 1:07	1:14:04 7:49	1:16:45 2:41	1:32:11 15:26	1:33:59 1:48	
51	162	ENRIQUE BLANCO GALICIA GALICIA	1:42:00	2:09 2:09 1:36:29 2:26	4:41 2:32 1:41:44 5:15	8:03 3:22 1:42:00 0:16	10:55 2:52	25:16 14:21	29:06 3:50	31:37 2:31	41:40 10:03	50:43 9:03	54:54 4:11	1:00:33 5:39	1:02:43 2:10	1:21:18 18:35	1:34:03 12:45	
	210	JUAN ANTONIO MUÑ MURCIA MURCIA	en tarj.	1:52 1:52 52:03 0:45	3:50 1:58 56:53 4:50	4:37 0:47 57:07 0:14	----- 13:37	13:37 9:00	15:42 2:05	17:07 1:25	22:07 5:00	26:49 4:42	28:02 1:13	31:46 3:44	32:54 1:08	50:04 17:10	51:18 1:14	
	178	CARLOS CABERO M LA RIOJA LA RIOJA	en tarj.	2:13 2:13 ----- -----	4:27 2:14 ----- -----	5:24 0:57 1:17:27 13:43	7:52 2:28	17:34 9:42	22:32 4:58	23:41 1:09	29:09 5:28	49:07 19:58	58:52 9:45	1:02:42 3:50	1:03:44 1:02	----- -----	----- -----	
	68	IGNACIO ZORRILLA CANTABRIA CANTAB	en tarj.	3:29 3:29 ----- -----	6:56 3:27 1:28:07 16:36	7:43 0:47 1:28:41 0:34	10:40 2:57	20:20 9:40	24:17 3:57	26:18 2:01	35:35 9:17	42:11 6:36	54:11 12:00	58:38 4:27	1:01:37 2:59	1:11:31 9:54	----- -----	
	148	DANIEL SANCHEZ A EXTREMADURA EXT	andona	2:27 2:27 ----- -----	6:35 4:08 49:06 16:37	7:21 0:46 49:24 0:18	9:38 2:17	27:27 17:49	30:56 3:29	32:29 1:33	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	
	66	DIEGO DE DOMING CANTABRIA CANTAB	andona	3:36 3:36 ----- -----	11:42 8:06 2:14:07 37:22	12:41 0:59 2:14:25 0:18	16:14 3:33	57:27 41:13	1:00:53 3:26	1:03:02 2:09	1:10:13 7:11	1:22:06 11:53	1:29:58 7:52	1:36:45 6:47	----- -----	----- -----	----- -----	
nc	5555	Reserva ASTURIAS ASTURIAS	0:00	0.00 0.00 0.00 0.00	0.00 0.00 0.00 0.00	0.00 0.00 0.00 0.00	0.00 0.00	0.00 0.00	0.00 0.00	0.00 0.00	0.00 0.00	0.00 0.00	0.00 0.00	0.00 0.00	0.00 0.00	0.00 0.00	0.00 0.00	
				*81	*95	*62	*55	*200	*120	*113	*106	*123	*109	*72	*110	*47	*42	*104

os	rsal	Nombre	Tiempo													F
CADETE-MUJERES (55)				3,9 km 105 m			12 C									
				1(57)	2(58)	3(54)	4(55)	5(33)	6(31)	7(32)	8(41)	9(51)	10(52)	11(60)	12(100)	
1	128	MARIA SORIANO RA C.VALENCIANA C.VA	31:41	2:25	<b>3:27</b>	<b>4:09</b>	<b>5:30</b>	<b>12:25</b>	<b>14:32</b>	<b>16:45</b>	<b>20:49</b>	27:10	27:58	<b>31:07</b>	<b>31:29</b>	<b>31:41</b>
2	191	MARIA PRIETO DEL MADRID MADRID	32:14	2:29	3:31	4:29	6:00	12:56	14:46	16:51	20:55	<b>27:05</b>	<b>27:52</b>	31:18	31:56	32:14
3	1	INMACULADA CRES ANDALUCIA ANDAL	34:33	2:52	4:13	5:11	6:44	13:42	15:45	17:26	21:42	28:42	31:03	33:51	34:21	34:33
4	78	RAQUEL PICAZO H CASTILLA-LA MANC	35:36	2:52	3:33	4:17	6:04	15:27	17:40	19:00	24:19	31:02	31:45	34:54	35:24	35:36
5	208	ROSA SANCHEZ BIS MURCIA MURCIA	36:48	3:13	4:53	5:46	7:20	16:07	18:17	19:40	24:04	30:44	33:09	36:07	36:34	36:48
6	80	ALEJANDRA TEODO CASTILLA-LA MANC	37:07	3:19	4:31	5:20	6:58	15:07	18:08	19:33	24:04	32:22	33:13	36:29	36:54	37:07
7	94	MARINA CORNEJO CASTILLA Y LEÓN C	38:51	2:31	3:31	4:47	6:14	15:23	17:52	20:09	25:15	33:15	34:09	38:10	38:39	38:51
7	33	JIMENA CALVO SAE ASTURIAS ASTURIAS	38:51	2:49	3:53	4:41	6:57	17:33	19:39	20:47	25:22	32:53	35:11	38:05	38:36	38:51
9	79	PAULA SIQUEIRA BA CASTILLA-LA MANC	39:28	3:30	4:50	5:49	7:39	15:28	18:01	20:46	24:58	33:19	33:58	38:43	39:16	39:28
10	77	MARÍA DESCALZO E CASTILLA-LA MANC	41:10	2:40	3:43	4:34	6:16	15:18	18:07	19:54	26:40	34:51	36:52	40:27	40:56	41:10
11	125	MARIOLA ASENSI B C.VALENCIANA C.VA	42:36	2:44	4:06	5:23	7:48	17:39	20:08	22:09	27:27	36:25	38:08	41:46	42:24	42:36
12	127	MARTA LÓPEZ GUIL C.VALENCIANA C.VA	42:52	3:43	5:27	7:00	10:26	18:39	20:58	22:45	27:49	37:00	39:15	42:11	42:39	42:52
13	20	IZARBE SEVIL MART ARAGÓN ARAGÓN	43:05	2:38	3:54	4:48	6:53	18:30	21:21	23:04	28:36	37:07	38:07	42:23	42:52	43:05
				6:06												
				*53												
14	109	LAURA BAUS SAMAR CATALUÑA CATALUÑ	43:35	3:55	5:04	5:49	7:20	22:23	25:23	26:35	31:55	38:33	39:23	42:56	43:22	43:35
15	192	SARA SAZ SEGOVIA MADRID MADRID	43:45	2:30	4:14	5:01	6:43	21:01	24:35	26:14	31:04	39:16	40:02	43:00	43:32	43:45
16	4	CARMEN SEVILLAN ANDALUCIA ANDAL	44:06	3:11	4:22	5:17	6:55	16:53	19:15	22:07	26:57	38:48	39:47	43:13	43:49	44:06
17	2	LILLIE FREEMANTL ANDALUCIA ANDAL	44:43	4:56	6:25	7:21	9:13	18:34	21:34	23:33	29:18	39:05	40:16	43:58	44:28	44:43
18	189	SARA ALONSO RUIZ MADRID MADRID	44:53	4:46	5:57	6:46	8:41	19:43	22:08	23:36	29:11	39:48	40:44	44:15	44:41	44:53
19	126	IRENE GARCIA BER C.VALENCIANA C.VA	45:07	2:57	4:13	5:09	7:04	17:26	22:18	23:45	29:04	39:59	41:33	44:22	44:55	45:07
20	143	IRENE GUARDADO EXTREMADURA EXT	45:13	3:41	5:04	5:44	8:51	20:46	23:00	24:39	30:24	40:24	41:06	44:25	44:59	45:13
21	110	NATALIA GONZÁLEZ CATALUÑA CATALUÑ	46:08	2:34	4:04	5:02	6:55	16:54	19:57	21:54	27:39	37:15	40:55	45:25	45:52	46:08
				2:34	1:30	0:58	1:53	9:59	3:03	1:57	5:45	9:36	3:40	4:30	0:27	0:16
				45:55												
				*100												
22	206	ANA HEREDIA MEND MURCIA MURCIA	46:36	2:55	4:56	5:45	8:02	17:27	20:14	22:17	29:10	40:32	42:34	45:56	46:23	46:36
23	95	ELENA FERNÁNDEZ CASTILLA Y LEÓN C	46:46	5:39	7:00	7:47	12:23	22:42	25:01	26:37	32:12	42:12	42:58	46:09	46:33	46:46
24	34	GRETA GARCIA MOR ASTURIAS ASTURIAS	47:21	4:49	6:25	7:08	9:27	18:38	21:22	23:43	28:39	38:26	39:19	46:42	47:09	47:21
25	62	IRENE GOICOLEA R CANTABRIA CANTAB	47:31	2:41	4:15	5:05	7:47	19:23	22:25	25:24	31:50	40:19	42:44	46:51	47:18	47:31
26	50	MARLENE FERNÁN CANARIAS CANARIA	47:47	6:58	8:58	9:52	13:00	25:07	26:54	28:25	33:05	40:44	43:09	46:58	47:33	47:47
27	36	PAULA RODRIGUEZ ASTURIAS ASTURIAS	47:50	6:00	7:14	8:24	10:26	20:47	23:14	26:04	30:54	42:42	43:36	47:08	47:37	47:50
28	176	RUT BLANCO PRIET LA RIOJA LA RIOJA	49:03	3:21	5:15	6:06	7:59	21:20	24:54	26:59	32:57	43:09	44:11	48:22	48:51	49:03
29	160	SARA RICOY RAJOY GALICIA GALICIA	50:00	3:21	5:15	6:35	8:28	20:15	23:23	25:43	32:02	41:56	44:06	49:11	49:45	50:00
30	141	LUCIA DOMINGUEZ EXTREMADURA EXT	50:24	5:49	7:39	8:34	10:27	21:03	24:15	26:06	31:46	41:07	42:10	49:28	50:11	50:24
31	190	ANA MARDOMINGO MADRID MADRID	50:42	4:24	5:55	6:55	9:09	24:25	27:35	29:35	35:20	45:06	46:09	49:57	50:29	50:42
32	174	LYDIA ASCACIBAR R LA RIOJA LA RIOJA	51:35	4:39	5:40	6:29	8:07	17:48	20:03	25:23	35:32	44:27	46:52	50:49	51:20	51:35
33	35	JUNCAL GUERRER ASTURIAS ASTURIAS	52:49	3:03	4:35	5:22	6:59	17:34	19:42	34:05	40:29	48:11	49:04	52:09	52:36	52:49
34	51	SARA INFANTE CON CANARIAS CANARIA	53:04	9:45	11:27	12:29	15:00	25:15	28:56	31:03	37:09	47:14	48:22	52:24	52:52	53:04
35	144	MARINA SÁNCHEZ EXTREMADURA EXT	55:24	2:59	4:20	5:38	7:38	25:39	28:45	30:18	36:20	48:15	50:08	54:40	55:06	55:24
36	158	IRENE MORALES JI GALICIA GALICIA	56:08	6:53	8:29	9:23	11:37	25:57	29:14	31:16	37:11	47:23	51:04	55:24	55:55	56:08
37	157	JULIA FUERTES SA GALICIA GALICIA	57:05	4:29	6:07	6:56	8:41	18:17	25:41	27:49	33:06	49:32	50:18	56:26	56:53	57:05
38	111	LAIA MEDINA OLMO CATALUÑA CATALUÑ	57:44	11:50	13:29	14:27	16:44	27:11	30:30	35:31	41:57	50:56	53:10	57:06	57:31	57:44
				11:50	1:39	0:58	2:17	10:27	3:19	5:01	6:26	8:59	2:14	3:56	0:25	0:13

os	rsal	Nombre	Tiempo													F	
<b>CADETE-MUJERES (55)</b>				<b>3,9 km 105 m</b>			<b>12 C</b>			<i>(cont.)</i>							
				1(57)	2(58)	3(54)	4(55)	5(33)	6(31)	7(32)	8(41)	9(51)	10(52)	11(60)	12(100)		
39	96	MARTA GARNACHO CASTILLA Y LEÓN C	57:51	5:01	6:16	7:18	9:50	21:32	26:01	29:07	35:25	44:50	52:29	57:05	57:39	57:51	
				5:01	1:15	1:02	2:32	11:42	4:29	3:06	6:18	9:25	7:39	4:36	0:34	<b>0:12</b>	
40	49	MARTA BORDON MÉ CANARIAS CANARIA	58:59	8:19	9:35	10:25	12:11	21:54	25:30	29:19	39:28	52:29	53:26	57:05	58:44	58:59	
				8:19	1:16	0:50	1:46	9:43	3:36	3:49	10:09	13:01	0:57	3:39	1:39	0:15	
41	159	ANDREA JULIA PIÑE GALICIA GALICIA	1:01:42	2:34	4:08	5:17	7:10	21:29	26:01	29:30	40:53	54:32	55:58	1:00:25	1:01:29	1:01:42	
				2:34	1:34	1:09	1:53	14:19	4:32	3:29	11:23	13:39	1:26	4:27	1:04	0:13	
42	207	MARTA NAVARRO M MURCIA MURCIA	1:02:35	3:09	5:30	6:46	9:53	24:38	28:58	31:40	39:28	54:17	55:30	1:01:39	1:02:20	1:02:35	
				3:09	2:21	1:16	3:07	14:45	4:20	2:42	7:48	14:49	1:13	6:09	0:41	0:15	
				8:57													
				*53													
43	93	IRENE MARTÍN PÉR CASTILLA Y LEÓN C	1:05:43	7:48	9:41	10:41	12:36	23:20	26:45	28:46	42:35	56:43	59:23	1:04:41	1:05:31	1:05:43	
				7:48	1:53	1:00	1:55	10:44	3:25	2:01	13:49	14:08	2:40	5:18	0:50	<b>0:12</b>	
44	63	ANDREA PEREZ ASE CANTABRIA CANTAB	1:06:28	6:23	7:43	10:36	13:09	26:24	36:56	39:06	46:15	58:56	1:00:12	1:05:39	1:06:14	1:06:28	
				6:23	1:20	2:53	2:33	13:15	10:32	2:10	7:09	12:41	1:16	5:27	0:35	0:14	
45	18	ALEJANDRA GONZÁ ARAGÓN ARAGÓN	1:06:33	3:30	5:41	6:54	9:26	23:15	27:57	30:21	38:39	59:01	1:01:54	1:05:43	1:06:21	1:06:33	
				3:30	2:11	1:13	2:32	13:49	4:42	2:24	8:18	20:22	2:53	3:49	0:38	<b>0:12</b>	
46	64	ELOISA TOLEDO IG CANTABRIA CANTAB	1:09:21	3:39	5:45	6:39	11:24	34:32	38:29	40:57	46:28	1:02:02	1:04:05	1:08:36	1:09:07	1:09:21	
				3:39	2:06	0:54	4:45	23:08	3:57	2:28	5:31	15:34	2:03	4:31	0:31	0:14	
				8:33													
				*53													
47	142	ESTER GONZALEZ EXTREMADURA EXT	1:13:35	5:43	8:10	9:27	14:28	47:15	50:51	52:35	58:25	1:08:28	1:09:14	1:12:45	1:13:21	1:13:35	
				5:43	2:27	1:17	5:01	32:47	3:36	1:44	5:50	10:03	0:46	3:31	0:36	0:14	
48	175	LARA GOMEZ ALESA LA RIOJA LA RIOJA	1:13:41	10:25	11:50	15:59	18:17	33:26	38:03	41:39	52:56	1:06:30	1:08:02	1:12:20	1:13:29	1:13:41	
				10:25	1:25	4:09	2:18	15:09	4:37	3:36	11:17	13:34	1:32	4:18	1:09	<b>0:12</b>	
49	17	HELENA ARBONÉS ARAGÓN ARAGÓN	1:15:42	3:19	6:17	7:24	10:59	31:37	34:44	38:23	52:20	1:07:57	1:09:17	1:14:50	1:15:29	1:15:42	
				3:19	2:58	1:07	3:35	20:38	3:07	3:39	13:57	15:37	1:20	5:33	0:39	0:13	
50	19	PAULA AMALIA SANT ARAGÓN ARAGÓN	1:22:32	4:27	5:53	9:58	12:16	27:22	31:59	36:09	50:24	1:05:15	1:06:53	1:21:34	1:22:18	1:22:32	
				4:27	1:26	4:05	2:18	15:06	4:37	4:10	14:15	14:51	1:38	14:41	0:44	0:14	
51	173	IRENE ARNAEZ RUI LA RIOJA LA RIOJA	2:20:04	4:58	8:02	9:32	18:47	1:04:17	1:35:08	1:39:11	1:52:06	2:07:39	2:11:44	2:19:13	2:19:45	2:20:04	
				4:58	3:04	1:30	9:15	45:30	30:51	4:03	12:55	15:33	4:05	7:29	0:32	0:19	
	112	Laura Trunas Vil CATALUÑA CATALUÑ	en tarj.	2:19	3:49	4:44	6:22	15:16	20:07	22:07	27:12	34:24	----	37:45	38:11	38:26	
	3	MARÍA JIMÉNEZ RO ANDALUCIA ANDAL	en tarj.	2:40	3:52	4:38	----	18:41	21:00	22:47	28:21	37:20	38:20	42:02	42:34	42:49	
				2:40	1:12	0:46		14:03	2:19	1:47	5:34	8:59	1:00	3:42	0:32	0:15	
				6:08													
				*53													
	205	MARÍA DOLORES AG MURCIA MURCIA	en tarj.	4:30	6:28	7:24	----	21:33	24:30	26:48	32:58	41:04	42:03	46:36	47:08	47:22	
				4:30	1:58	0:56		14:09	2:57	2:18	6:10	8:06	0:59	4:33	0:32	0:14	
				10:28													
				*53													
	61	CLAUDIA FERNAND CANTABRIA CANTAB	en tarj.	5:11	6:47	7:36	----	28:35	32:02	40:29	54:15	1:12:24	1:13:17	1:16:53	1:17:28	1:17:42	
				5:11	1:36	0:49		20:59	3:27	8:27	13:46	18:09	0:53	3:36	0:35	0:14	
				8:52													
				*53													
<b>INFANTIL-HOMBRES (56)</b>				<b>3,7 km 100 m</b>			<b>13 C</b>									F	
				1(56)	2(53)	3(54)	4(58)	5(57)	6(41)	7(48)	8(44)	9(35)	10(36)	11(47)	12(60)	13(100)	
1	16	PEDRO STANGEGAA ANDALUCIA ANDAL	23:34	1:08	2:53	3:44	4:24	5:21	10:10	14:00	15:10	18:14	18:48	22:30	22:56	23:21	23:34
				1:08	1:45	0:51	0:40	0:57	4:49	3:50	1:10	3:04	0:34	3:42	0:26	0:25	0:13
2	139	RAUL SANJUAN JUA C.VALENCIANA C.VA	23:59	1:13	2:32	3:23	3:58	4:52	10:11	13:36	14:49	17:36	18:09	22:59	23:27	23:48	23:59
				1:13	1:19	0:51	0:35	0:54	5:19	3:25	1:13	2:47	0:33	4:50	0:28	0:21	0:11
3	15	LUCAS STANGEGAA ANDALUCIA ANDAL	24:54	1:16	3:00	3:48	4:35	5:37	10:38	15:15	16:24	19:29	20:01	23:47	24:15	24:42	24:54
				1:16	1:44	0:48	0:47	1:02	5:01	4:37	1:09	3:05	0:32	3:46	0:28	0:27	0:12
4	219	JESÚS MARÍN IBÁN MURCIA MURCIA	25:34	1:13	3:12	4:09	4:59	5:58	11:18	16:07	17:17	20:08	20:44	24:38	25:02	25:23	25:34
				1:13	1:59	0:57	0:50	0:59	5:20	4:49	1:10	2:51	0:36	3:54	0:24	0:21	0:11
5	47	ANGEL LARUELO G ASTURIAS ASTURIAS	26:07	1:35	4:42	5:29	6:05	7:00	12:19	15:43	16:53	19:42	20:16	25:06	25:32	25:54	26:07
				1:35	3:07	0:47	0:36	0:55	5:19	3:24	1:10	2:49	0:34	4:50	0:26	0:22	0:13
6	89	JOSE CARLOS HER CASTILLA-LA MANC	27:14	1:22	3:03	4:01	5:14	6:27	12:47	16:54	17:56	21:49	22:21	26:09	26:39	27:03	27:14
				1:22	1:41	0:58	1:13	1:13	6:20	4:07	1:02	3:53	0:32	3:48	0:30	0:24	0:11
7	203	DAVID ROJAS JIME MADRID MADRID	27:32	2:24	3:59	4:50	5:35	6:42	12:15	15:46	17:21	21:07	21:57	26:33	26:57	27:22	27:32
				2:24	1:35	0:51	0:45	1:07	5:33	3:31	1:35	3:46	0:50	4:36	0:24	0:25	0:10
8	46	MANUEL FRANCO P ASTURIAS ASTURIAS	27:53	1:17	2:52	3:45	4:44	5:38	10:34	17:43	18:51	22:07	22:41	26:46	27:13	27:40	27:53
				1:17	1:35	0:53	0:59	0:54	4:56	7:09	1:08	3:16	0:34	4:05	0:27	0:27	0:13
9	14	JUAN SANZ ALEJAN ANDALUCIA ANDAL	28:54	1:38	3:44	4:57	6:03	7:27	13:18	17:46	19:37	23:16	23:55	27:42	28:16	28:42	28:54
				1:38	2:06	1:13	1:06	1:24	5:51	4:28	1:51	3:39	0:39	3:47	0:34	0:26	0:12
10	138	ALVARO GARCIA BE C.VALENCIANA C.VA	29:01	1:19	5:57	6:53	7:41	8:44	14:17	18:15	19:50	23:11	23:48	27:44	28:14	28:46	29:01
				1:19	4:38	0:56	0:48	1:03	5:33	3:58	1:35	3:21	0:37	3:56	0:30	0:32	0:15
11	140	JAVIER UREÑA AND C.VALENCIANA C.VA	29:53	1:49	3:45	4:47	5:36	7:35	13:40	18:27	20:02	23:34	24:17	28:33	29:10	29:41	29:53
				1:49	1:56	1:02	0:49	1:59	6:05	4:47	1:35	3:32	0:43	4:16	0:37	0:31	0:12
11	154	ISAAC HERNANDEZ EXTREMADURA EXT	29:53	2:19	6:11	7:15	8:11	9:20	15:52	19:50	20:58	24:00	24:40	28:43	29:13	29:41	29:53
				2:19	3:52	1:04	0:56	1:09	6:32	3:58	1:08	3:02	0:40	4:03	0:30	0:28	0:12
13	217	DAVID CORBALÁN MURCIA MURCIA	31:06	1:17	3:29	4:36	5:24	6:48	12:23	18:30	20:00	24:41	25:27	29:58	30:26	30:55	31:06
				1:17	2:12	1:07	0:48	1:24	5:35	6:07	1:30	4:41</					

os	rsal	Nombre	Tiempo														F
<b>INFANTIL-HOMBRES (56)</b>				<b>3,7 km 100 m</b>			<b>13 C</b>			<i>(cont.)</i>							
				1(56)	2(53)	3(54)	4(58)	5(57)	6(41)	7(48)	8(44)	9(35)	10(36)	11(47)	12(60)	13(100)	
16	48	RODRIGO PEREZ M ASTURIAS ASTURIAS	31:55	2:29	5:54	6:52	7:42	9:32	15:51	20:33	22:07	25:44	26:21	30:36	31:13	31:40	31:55
17	204	GUSTAV FELIX WIR MADRID MADRID	32:46	2:29	3:25	0:58	0:50	1:50	6:19	4:42	1:34	3:37	0:37	4:15	0:37	0:27	0:15
18	121	ANIOL BISQUERT P CATALUÑA CATALUÑ	34:42	1:21	4:26	5:24	6:21	7:47	15:19	19:10	20:08	23:36	24:14	31:32	32:03	32:34	32:46
19	218	JOSÉ ANTONIO LÓP MURCIA MURCIA	34:43	1:21	3:05	0:58	0:57	1:26	7:32	3:51	<b>0:58</b>	3:28	0:38	7:18	0:31	0:31	0:12
20	201	ALVARO CASADO G MADRID MADRID	34:55	1:13	4:06	5:32	6:16	7:23	13:28	22:00	23:02	26:22	27:07	33:31	34:01	34:31	34:42
21	108	ALEJANDRO GARNA CASTILLA Y LEÓN C	35:38	1:13	2:53	1:26	0:44	1:07	6:05	8:32	1:02	3:20	0:45	6:24	0:30	0:30	0:11
22	105	NOÉ BERMEJO GAL CASTILLA Y LEÓN C	35:51	1:32	3:45	4:57	5:58	7:45	13:30	19:31	21:42	26:57	27:51	33:11	33:54	34:29	34:43
23	45	IÑIGO ALCANTARA G ASTURIAS ASTURIAS	36:15	1:32	2:13	1:12	1:01	1:47	5:45	6:01	2:11	5:15	0:54	5:20	0:43	0:35	0:14
24	185	JESUS ARMAS IBAÑ LA RIOJA LA RIOJA	37:31	1:25	3:21	4:16	5:51	7:41	14:04	22:43	24:14	27:52	28:33	33:48	34:16	34:43	34:55
25	74	IKER MARTINEZ PA CANTABRIA CANTAB	38:37	1:14	5:30	6:21	8:03	8:55	16:21	20:21	21:27	29:19	29:58	34:29	34:59	35:25	35:38
26	153	JOSE LUIS GUERR EXTREMADURA EXT	39:05	1:14	4:16	0:51	1:42	<b>0:52</b>	7:26	4:00	1:06	7:52	0:39	4:31	0:30	0:26	0:13
27	220	SERGIO MONTOYA MURCIA MURCIA	40:05	1:19	3:51	5:01	6:06	7:12	13:18	23:35	24:59	28:49	29:39	34:25	35:08	35:39	35:51
28	106	JOSÉ JUANES ELVI CASTILLA Y LEÓN C	40:10	1:19	2:32	1:10	1:05	1:06	6:06	10:17	1:24	3:50	0:50	4:46	0:43	0:31	0:12
29	188	RODRIGO LASECA LA RIOJA LA RIOJA	40:47	1:33	4:42	5:48	6:31	7:32	14:17	18:27	19:47	23:26	30:06	35:04	35:34	36:00	36:15
30	122	POL CANOSA VIDAL CATALUÑA CATALUÑ	42:33	1:33	3:09	1:06	0:43	1:01	6:45	4:10	1:20	3:39	6:40	4:58	0:30	0:26	0:15
31	29	EDUARDO PARIÑO ARAGÓN ARAGÓN	44:38	3:49	7:41	8:33	9:24	10:52	16:25	22:30	24:08	29:24	30:28	36:05	36:44	37:18	37:31
32	124	JOFRE TORRENTS CATALUÑA CATALUÑ	46:44	3:49	3:52	0:52	0:51	1:28	5:33	6:05	1:38	5:16	1:04	5:37	0:39	0:34	0:13
33	57	JORGE ARCALÁ GO CANARIAS CANARIA	49:26	3:13	6:22	7:57	9:01	10:35	17:11	23:43	25:49	31:39	32:27	37:28	37:56	38:24	38:37
34	60	AIKO KLENNER GA CANARIAS CANARIA	49:32	3:01	3:09	1:35	1:04	1:34	6:36	6:32	2:06	5:50	0:48	5:01	0:28	0:28	0:13
35	170	MARTIN LOPEZ GUE GALICIA GALICIA	52:12	3:01	6:07	12:50	14:03	15:20	20:22	26:29	27:59	32:58	33:32	37:59	38:28	38:53	39:05
36	30	JAVIER SAZ BASANT ARAGÓN ARAGÓN	54:24	3:01	3:06	6:43	1:13	1:17	5:02	6:07	1:30	4:59	0:34	4:27	0:29	0:25	0:12
37	32	PABLO SERRANO A ARAGÓN ARAGÓN	55:41	1:16	7:53	8:58	9:51	11:03	18:45	23:43	25:29	30:12	31:04	38:47	39:24	39:53	40:05
38	169	NATNAEL CANDELA GALICIA GALICIA	57:08	1:16	6:37	1:05	0:53	1:12	7:42	4:58	1:46	4:43	0:52	7:43	0:37	0:29	0:12
39	90	PABLO HUERTA CA CASTILLA-LA MANC	57:33	2:09	4:27	5:52	6:52	8:40	15:10	22:00	23:52	29:42	30:34	38:56	39:30	39:57	40:10
40	171	SANTIAGO RODILLA GALICIA GALICIA	58:41	2:09	2:18	1:25	1:00	1:48	6:30	6:50	1:52	5:50	0:52	8:22	0:34	0:27	0:13
41	75	ANGEL PRESMANES CANTABRIA CANTAB	59:35	1:51	3:49	4:59	6:16	7:36	13:59	20:39	22:12	33:18	34:00	39:37	40:06	40:34	40:47
42	123	PAU COLL CASELLA CATALUÑA CATALUÑ	1:00:47	1:51	1:58	1:10	1:17	1:20	6:23	6:40	1:33	11:06	0:42	5:37	0:29	0:28	0:13
43	58	ROMÁN BORDÓN M CANARIAS CANARIA	1:02:10	2:34	4:34	5:38	9:22	10:23	17:48	22:53	28:34	32:15	32:46	41:21	41:53	42:20	42:33
44	59	SAMUEL HERNAND CANARIAS CANARIA	1:08:14	2:34	2:00	1:04	3:44	1:01	7:25	5:05	5:41	3:41	<b>0:31</b>	8:35	0:32	0:27	0:13
45	76	JESÚS SIERRA COR CANTABRIA CANTAB	1:08:28	1:27	5:01	6:23	7:30	11:30	17:48	23:07	24:34	35:46	36:31	43:23	43:59	44:26	44:38
46	155	JAIME ROMAN SOLI EXTREMADURA EXT	1:13:03	1:27	3:34	1:22	1:07	4:00	6:18	5:19	1:27	11:12	0:45	6:52	0:36	0:27	0:12
47	73	SAIDI LEHMONN GO CANTABRIA CANTAB	1:24:07	1:37	6:23	7:55	12:18	13:34	19:46	26:44	28:06	39:20	39:54	45:42	46:04	46:31	46:44
48	186	DANIEL DELGADO LA RIOJA LA RIOJA	1:32:23	1:37	4:46	1:32	4:23	1:16	6:12	6:58	1:22	11:14	0:34	5:48	<b>0:22</b>	0:27	0:13
202		JAVIER FERNANDE MADRID MADRID	en tarj.	1:47	3:29	4:32	5:42	7:22	15:16	22:42	24:12	35:11	36:05	48:01	48:41	49:12	49:26
137		DAVID DE MIGUEL A C.VALENCIANA C.VA	en tarj.	1:47	1:42	1:03	1:10	1:40	7:54	7:26	1:30	10:59	0:54	11:56	0:40	0:31	0:14
92		ALEX PICAZO HUER CASTILLA-LA MANC	en tarj.	1:58	5:05	6:36	12:41	14:39	24:05	30:05	32:06	38:43	39:20	48:11	48:42	49:14	49:32
				1:58	3:07	1:31	6:05	1:58	9:26	6:00	2:01	6:37	0:37	8:51	0:31	0:32	0:18
				2:35	8:29	10:25	14:02	15:51	28:40	35:29	37:47	42:52	43:53	50:28	51:11	51:52	52:12
				2:35	5:54	1:56	3:37	1:49	12:49	6:49	2:18	5:05	1:01	6:35	0:43	0:41	0:20
				2:08	7:29	9:10	10:24	12:42	23:29	31:14	34:49	43:06	44:01	52:33	53:38	54:10	54:24
				2:08	5:21	1:41	1:14	2:18	10:47	7:45	3:35	8:17	0:55	8:32	1:05	0:32	0:14
				2:50	6:28	8:35	9:59	12:14	23:05	31:16	33:45	40:22	41:31	54:15	54:59	55:27	55:41
				2:50	3:38	2:07	1:24	2:15	10:51	8:11	2:29	6:37	1:09	12:44	0:44	0:28	0:14
				2:03	15:01	16:53	18:18	20:13	32:20	38:20	44:33	49:37	50:32	55:33	56:18	56:55	57:08
				2:03	12:58	1:52	1:25	1:55	12:07	6:00	6:13	5:04	0:55	5:01	0:45	0:37	0:13
				2:10	4:29	5:30	7:30	8:30	36:20	41:37	43:34	47:33	48:17	56:22	56:50	57:19	57:33
				2:10	2:19	1:01	2:00	1:00	27:50	5:17	1:57	3:59	0:44	8:05	0:28	0:29	0:14
				2:13	7:19	9:04	10:11	12:11	20:44	27:51	29:59	35:49	41:51	57:10	57:41	58:24	58:41
				2:13	5:06	1:45	1:07	2:00	8:33	7:07	2:08	5:50	6:02	15:19	0:31	0:43	0:17
				3:05	5:29	6:53	8:44	10:32	21:16	30:24	33:07	41:53	43:32	57:23	58:38	59:18	59:35
				3:05	2:24	1:24	1:51	1:48	10:44	9:08	2:43	8:46	1:39	13:51	1:15	0:40	0:17
				1:55	4:58	6:27	7:26	8:42	32:14	40:03	41:50	52:50	53:39	59:28	1:00:01	1:00:32	1:00:47
				1:55	3:03	1:29	0:59	1:16	23:32	7:49	1:47	11:00	0:49	5:49	0:33	0:31	0:15
				5:12	8:15	11:45	13:23	15:03	32:07	44:02	47:47	53:35	54:36	1:00:19	1:01:00	1:01:54	1:02:10
				5:12	3:03	3:30	1:38	1:40	17:04	11:55	3:45	5:48	1:01	5:43	0:41	0:54	0:16
				2:12	8:51	10:04	11:32	13:12	32:36	48:15	53:03	58:26	1:01:04	1:06:21	1:07:30	1:07:59	1:08:14
				2:12	6:39	1:13	1:28	1:40	19:24	15:39	4:48	5:23	2:38	5:17	1:09	0:29	0:15
				3:50	5:47	7:02	8:19	9:42	20:29	36:53	41:55	46:46	47:38	1:07:00	1:07:38	1:08:12	1:08:28
				3:50	1:57	1:15	1:17	1:23	10:47	16:24	5:02	4:51	0:52	19:22	0:38	0:34	0:16
				2:50	6:32	19:55	21:23	23:22	33:17	43:38	49:58	58:26	59:01	1:11:35	1:12:12	1:12:46	1:13:03
				2:50	3:42	13:23	1:28	1:59	9:55	10:21	6:20	8:28	0:35	12:34	0:37	0:34	0:17
				4:11	14:18	20:59	22:08	23:24	49:29	1:03:54	1:06:28	1:13:12	1:14:16	1:22:23	1:23:09	1:23:52	1:24:07
				4:11	10:07	6:41	1:09	1:16	26:05								

os	rsal	Nombre	Tiempo													F	
<b>INFANTIL-HOMBRES (56)</b>				<b>3,7 km 100 m</b>			<b>13 C</b>			<i>(cont.)</i>							
				1(56)	2(53)	3(54)	4(58)	5(57)	6(41)	7(48)	8(44)	9(35)	10(36)	11(47)	12(60)	13(100)	F
107		HÉCTOR HUGO DE CASTILLA Y LEÓN C	en tarj.	1:29	5:20	6:41	7:36	-----	16:21	29:04	30:46	37:05	38:02	44:09	44:44	45:14	45:27
				1:29	3:51	1:21	0:55		8:45	12:43	1:42	6:19	0:57	6:07	0:35	0:30	0:13
187		JOEL FERNANDEZ LA RIOJA LA RIOJA	en tarj.	2:00	5:17	-----	9:04	9:57	39:55	46:18	48:55	1:16:04	1:17:25	-----	1:24:31	1:25:01	1:25:17
				2:00	3:17		3:47	0:53	29:58	6:23	2:37	27:09	1:21		7:06	0:30	0:16
156		ADRIAN SENSO BAR EXTREMADURA EXT	andona	2:30	8:53	10:34	12:36	14:56	-----	-----	-----	-----	-----	50:55	51:38	52:26	52:42
				2:30	6:23	1:41	2:02	2:20						35:59	0:43	0:48	0:16
172		JUAN RODRIGUEZ GALICIA GALICIA	andona	1:46	26:51	29:13	35:02	38:57	-----	-----	-----	-----	-----	-----	-----	52:55	53:11
				1:46	25:05	2:22	5:49	3:55								13:58	0:16
<b>INFANTIL-MUJERES (53)</b>				<b>3,0 km 75 m</b>			<b>11 C</b>										
				1(56)	2(53)	3(45)	4(41)	5(48)	6(44)	7(38)	8(39)	9(47)	10(60)	11(100)			F
1	86	NEREA GONZALEZ CASTILLA-LA MANC	26:48	1:16	3:29	4:23	9:44	17:24	18:38	20:50	21:46	25:38	26:06	26:35	26:48		
				1:16	2:13	0:54	5:21	7:40	1:14	2:12	0:56	3:52	0:28	0:29	0:13		
2	87	RAQUEL MARQUEZ CASTILLA-LA MANC	26:51	1:27	3:47	4:57	10:44	15:17	16:48	19:54	21:41	25:40	26:13	26:38	26:51		
				1:27	2:20	1:10	5:47	4:33	1:31	3:06	1:47	3:59	0:33	0:25	0:13		
3	104	SOFÍA DÍEZ OCHAR CASTILLA Y LEÓN C	27:42	1:28	4:35	5:41	10:09	15:58	17:23	19:57	21:04	26:08	26:43	27:30	27:42		
				1:28	3:07	1:06	4:28	5:49	1:25	2:34	1:07	5:04	0:35	0:47	0:12		
4	119	ANNA ILLA CAMPS CATALUÑA CATALUÑ	27:50	1:30	3:44	4:43	11:07	15:41	17:15	19:50	21:19	26:18	27:03	27:36	27:50		
				1:30	2:14	0:59	6:24	4:34	1:34	2:35	1:29	4:59	0:45	0:33	0:14		
5	102	HENAR BORES ESC CASTILLA Y LEÓN C	28:12	1:31	3:29	4:35	9:37	14:45	16:29	19:26	22:43	26:54	27:28	28:00	28:12		
				1:31	1:58	1:06	5:02	5:08	1:44	2:57	3:17	4:11	0:34	0:32	0:12		
6	11	ELENA MARTÍ BARC ANDALUCIA ANDAL	29:45	2:20	5:49	6:53	12:16	17:18	18:54	22:07	23:47	28:10	28:54	29:32	29:45		
				2:20	3:29	1:04	5:23	5:02	1:36	3:13	1:40	4:23	0:44	0:38	0:13		
7	88	ANA RODRÍGUEZ DÍ CASTILLA-LA MANC	31:27	1:32	3:05	1:06	4:26	4:35	1:25	5:09	1:12	7:43	0:33	0:27	0:14		
				1:32	3:16	4:32	12:37	18:51	20:41	24:20	26:29	30:57	31:29	31:55	32:07		
8	43	AITANA INGUANZO ASTURIAS ASTURIAS	32:07	1:28	1:48	1:16	8:05	6:14	1:50	3:39	2:09	4:28	0:32	0:26	0:12		
				1:28	1:48	1:16	8:05	6:14	1:50	3:39	2:09	4:28	0:32	0:26	0:12		
9	120	JOANA MARTÍ ROMA CATALUÑA CATALUÑ	32:09	1:55	6:32	7:38	12:03	16:50	18:21	23:33	24:35	30:50	31:23	31:55	32:09		
				1:55	4:37	1:06	4:25	4:47	1:31	5:12	1:02	6:15	0:33	0:32	0:14		
9	9	ANGELES LÓPEZ R ANDALUCIA ANDAL	32:09	1:33	3:48	5:10	11:20	17:20	19:15	22:43	24:52	30:39	31:23	31:55	32:09		
				1:33	2:15	1:22	6:10	6:00	1:55	3:28	2:09	5:47	0:44	0:32	0:14		
11	184	DAMARIS GOMEZ R LA RIOJA LA RIOJA	33:53	1:23	4:33	5:43	11:40	19:11	21:12	24:22	26:50	32:26	33:07	33:39	33:53		
				1:23	3:10	1:10	5:57	7:31	2:01	3:10	2:28	5:36	0:41	0:32	0:14		
12	214	MARÍA CORTIJOS G MURCIA MURCIA	37:14	3:55	6:41	8:10	13:32	21:13	23:50	27:50	29:43	35:35	36:20	37:00	37:14		
				3:55	2:46	1:29	5:22	7:41	2:37	4:00	1:53	5:52	0:45	0:40	0:14		
13	70	LAURA ANDRES AR CANTABRIA CANTAB	39:33	2:03	6:19	7:25	22:21	27:31	29:24	32:41	34:04	37:56	38:35	39:14	39:33		
				2:03	4:16	1:06	14:56	5:10	1:53	3:17	1:23	3:52	0:39	0:39	0:19		
14	168	MARINA ATANES CO GALICIA GALICIA	39:51	3:13	10:32	11:52	17:47	25:31	27:16	31:02	33:08	38:31	39:04	39:36	39:51		
				3:13	7:19	1:20	5:55	7:44	1:45	3:46	2:06	5:23	0:33	0:32	0:15		
15	103	CLAUDIA GÓMEZ R CASTILLA Y LEÓN C	40:05	1:39	6:01	7:12	12:20	21:57	23:42	28:02	30:24	38:48	39:18	39:51	40:05		
				1:39	4:22	1:11	5:08	9:37	1:45	4:20	2:22	8:24	0:30	0:33	0:14		
16	181	LARA AZULMENDI S LA RIOJA LA RIOJA	40:33	1:53	5:43	6:49	14:20	24:01	28:28	31:46	33:33	39:08	39:49	40:21	40:33		
				1:53	3:50	1:06	7:31	9:41	4:27	3:18	1:47	5:35	0:41	0:32	0:12		
17	136	SARA VIDAL PALACI C.VALENCIANA C.VA	40:52	1:42	7:05	8:44	16:43	22:15	24:40	29:01	31:05	39:07	40:03	40:39	40:52		
				1:42	5:23	1:39	7:59	5:32	2:25	4:21	2:04	8:02	0:56	0:36	0:13		
18	12	LUCIA MISAS BERN ANDALUCIA ANDAL	42:27	2:22	4:46	9:32	19:11	24:26	27:02	31:29	35:16	41:15	41:40	42:13	42:27		
				2:22	2:24	4:46	9:39	5:15	2:36	4:27	3:47	5:59	0:25	0:33	0:14		
19	10	ANA MADDOZ DE VID ANDALUCIA ANDAL	42:38	5:07	8:20	9:49	16:09	24:52	26:10	35:34	36:48	41:12	41:53	42:25	42:38		
				5:07	3:13	1:29	6:20	8:43	1:18	9:24	1:14	4:24	0:41	0:32	0:13		
20	135	ALBA SERRA REYES C.VALENCIANA C.VA	43:26	1:43	7:06	8:24	17:02	25:41	28:27	32:02	35:25	41:51	42:28	43:13	43:26		
				1:43	5:23	1:18	8:38	8:39	2:46	3:35	3:23	6:26	0:37	0:45	0:13		
21	117	JÚLIA ALÓS MAIRAL CATALUÑA CATALUÑ	44:21	2:32	5:12	6:36	17:51	23:03	24:41	28:10	37:33	43:18	43:45	44:08	44:21		
				2:32	2:40	1:24	11:15	5:12	1:38	3:29	9:23	5:45	0:27	0:23	0:13		
22	134	SHEILA GARCIA VE C.VALENCIANA C.VA	44:52	2:19	5:49	7:52	17:10	23:31	25:54	29:31	32:13	43:17	44:01	44:37	44:52		
				2:19	3:30	2:03	9:18	6:21	2:23	3:37	2:42	11:04	0:44	0:36	0:15		
23	44	CARLOTA MIRANDA ASTURIAS ASTURIAS	45:39	1:49	3:54	5:34	17:11	23:33	26:12	30:51	33:00	44:17	44:58	45:25	45:39		
				1:49	2:05	1:40	11:37	6:22	2:39	4:39	2:09	11:17	0:41	0:27	0:14		
24	149	LAURA MARTNEZ S EXTREMADURA EXT	48:54	4:18	8:31	10:08	19:16	31:00	34:30	39:49	41:27	47:27	48:01	48:35	48:54		
				4:18	4:13	1:37	9:08	11:44	3:30	5:19	1:38	6:00	0:34	0:34	0:19		
25	56	ANDREA LEÓN ACO CANARIAS CANARIA	49:59	2:18	4:56	6:25	12:50	25:47	28:49	33:18	35:32	48:32	49:06	49:45	49:59		
				2:18	2:38	1:29	6:25	12:57	3:02	4:29	2:14	13:00	0:34	0:39	0:14		
26	213	FÁTIMA ZHARA AYNA MURCIA MURCIA	50:12	2:23	5:59	7:13	12:57	20:29	32:34	39:28	43:27	48:57	49:33	49:58	50:12		
				2:23	3:36	1:14	5:44	7:32	12:05	6:54	3:59	5:30	0:36	0:25	0:14		
27	165	MILAGROS ALLER P GALICIA GALICIA	50:15	2:06	5:56	8:09	16:56	24:12	27:03	32:33	39:19	48:06	49:23	50:03	50:15		
				2:06	3:50	2:13	8:47	7:16	2:51	5:30	6:46	8:47	1:17	0:40	0:12		
28	200	OLALLA RODRÍGUE MADRID MADRID	50:24	2:00	6:16	8:17	19:57	31:12	34:40	39:32	43:18	49:05	49:42	50:08	50:24		24:48
				2:00	4:16	2:01	11:40	11:15	3:28	4:52	3:46	5:47	0:37	0:26	0:16		*47
29	133	PAULA ESTEVE SILV C.VALENCIANA C.VA	50:43	2:11	6:04	8:19	18:11	27:35	31:20	38:08	40:36	49:05	49:52	50:28	50:43		
				2:11	3:53	2:15	9:52	9:24	3:45	6:48	2:28	8:29	0:47	0:36	0:15		
30	199	GUADALUPE LOSAD MADRID MADRID	52:27	1:20	3:22	8:19	22:22	29:24	32:12	44:31	46:20	51:08	51:40	52:08	52:27		

os	rsal	Nombre	Tiempo												
<b>INFANTIL-MUJERES (53)</b>				<b>3,0 km 75 m</b>			<b>11 C</b>			<b>(cont.)</b>					
				1(56)	2(53)	3(45)	4(41)	5(48)	6(44)	7(38)	8(39)	9(47)	10(60)	11(100)	F
35	150	FATIMA MUÑOZ PEÑ EXTREMADURA EXT	56:34	2:36	5:24	29:48	36:27	42:54	44:38	48:15	50:32	55:10	55:52	56:22	56:34
				2:36	2:48	24:24	6:39	6:27	1:44	3:37	2:17	4:38	0:42	0:30	<b>0:12</b>
36	197	DIANA ALONSO RUI MADRID MADRID	1:00:10	1:20	3:26	5:08	14:07	22:33	24:29	49:31	53:25	58:56	59:35	59:58	1:00:10
				1:20	2:06	1:42	8:59	8:26	1:56	25:02	3:54	5:31	0:39	<b>0:23</b>	<b>0:12</b>
37	182	LAURA ORTEGA OC LA RIOJA LA RIOJA	1:01:24	2:12	7:19	24:06	34:43	43:44	46:28	50:04	53:27	59:53	1:00:29	1:01:11	1:01:24
				2:12	5:07	16:47	10:37	9:01	2:44	3:36	3:23	6:26	0:36	0:42	0:13
38	183	LAURA FLOREZ- ES LA RIOJA LA RIOJA	1:01:37	2:37	4:51	7:02	37:54	46:41	48:13	52:12	54:47	1:00:23	1:00:55	1:01:21	1:01:37
				2:37	2:14	2:11	30:52	8:47	1:32	3:59	2:35	5:36	0:32	0:26	0:16
39	28	ANDREA TOMÁS MO ARAGÓN ARAGÓN	1:03:10	2:01	20:49	22:15	29:09	41:08	44:01	49:22	51:41	1:01:33	1:02:22	1:02:54	1:03:10
				2:01	18:48	1:26	6:54	11:59	2:53	5:21	2:19	9:52	0:49	0:32	0:16
40	167	IRIA MEILAN SANCH GALICIA GALICIA	1:08:03	3:13	9:13	11:18	19:46	36:13	40:11	47:12	53:01	1:06:25	1:07:06	1:07:44	1:08:03
				3:13	6:00	2:05	8:28	16:27	3:58	7:01	5:49	13:24	0:41	0:38	0:19
41	152	PILAR SERRANO NA EXTREMADURA EXT	1:13:58	1:42	10:33	11:51	19:49	30:56	33:27	39:41	41:58	1:12:27	1:13:03	1:13:39	1:13:58
				1:42	8:51	1:18	7:58	11:07	2:31	6:14	2:17	30:29	0:36	0:36	0:19
42	151	TANIA RIVERA PERE EXTREMADURA EXT	1:15:08	2:01	8:36	11:37	21:47	38:32	42:29	49:17	55:47	1:13:36	1:14:19	1:14:52	1:15:08
				2:01	6:35	3:01	10:10	16:45	3:57	6:48	6:30	17:49	0:43	0:33	0:16
43	85	KIKA BASARAN VAN CASTILLA-LA MANC	1:16:26	2:23	6:49	39:12	47:16	54:13	56:34	1:06:24	1:08:27	1:14:51	1:15:41	1:16:11	1:16:26
				2:23	4:26	32:23	8:04	6:57	2:21	9:50	2:03	6:24	0:50	0:30	0:15
44	27	SESCÚN SEVIL MAR ARAGÓN ARAGÓN	1:19:39	4:03	9:59	11:59	31:10	37:36	42:18	59:05	1:00:24	1:18:16	1:18:53	1:19:24	1:19:39
				4:03	5:56	2:00	19:11	6:26	4:42	16:47	1:19	17:52	0:37	0:31	0:15
44	26	PILAR PIEDRAFITA ARAGÓN ARAGÓN	1:19:39	1:40	6:18	29:15	44:25	1:02:10	1:04:31	1:08:49	1:11:17	1:18:01	1:18:54	1:19:25	1:19:39
				1:40	4:38	22:57	15:10	17:45	2:21	4:18	2:28	6:44	0:53	0:31	0:14
46	216	NEREA LÓPEZ SEG MURCIA MURCIA	1:19:40	3:05	8:11	1:34	9:28	14:37	2:34	6:14	2:14	30:26	0:28	0:33	0:16
				3:05	11:16	12:50	22:18	36:55	39:29	45:43	47:57	1:18:23	1:18:51	1:19:24	1:19:40
47	198	LAURA GONZALEZ MADRID MADRID	1:22:36	1:40	5:46	7:00	14:36	44:23	52:01	1:01:06	1:02:41	1:20:54	1:21:32	1:22:21	1:22:36
				1:40	4:06	1:14	7:36	29:47	7:38	9:05	1:35	18:13	0:38	0:49	0:15
48	101	MARÍA ANTÓN CALL CASTILLA Y LEÓN C	1:37:47	2:38	8:47	30:47	50:53	1:01:18	1:07:50	1:13:23	1:30:43	1:36:11	1:37:04	1:37:32	1:37:47
				2:38	6:09	22:00	20:06	10:25	6:32	5:33	17:20	5:28	0:53	0:28	0:15
	215	DULCE LÓPEZ SÁN MURCIA MURCIA	en tarj.	-----	-----	23:11	30:28	36:56	38:24	43:39	-----	52:19	53:01	53:26	53:40
						23:11	7:17	6:28	1:28	5:15		8:40	0:42	0:25	0:14
				21:40											
				*55											
72	ANDREA OBESO DO CANTABRIA CANTAB	en tarj.	1:52	26:53	29:24	39:43	59:07	-----	-----	-----	1:09:12	1:10:01	1:11:18	1:11:58	
				1:52	25:01	2:31	10:19	19:24				10:05	0:49	1:17	0:40
42	CARLOTA FERNÁND ASTURIAS ASTURIAS	en tarj.	2:36	14:25	49:12	56:30	1:03:03	1:04:38	1:09:37	-----	1:18:20	1:19:07	1:19:35	1:19:52	
				2:36	11:49	34:47	7:18	6:33	1:35	4:59		8:43	0:47	0:28	0:17
118	IRENE GONZÁLEZ CATALUÑA CATALUÑ	en tarj.	2:10	31:59	32:55	38:40	46:08	48:17	-----	-----	-----	1:21:41	1:22:14	1:22:33	19:47
				2:10	29:49	0:56	5:45	7:28	2:09				33:24	0:33	0:19
71	MAR GONZALEZ AL CANTABRIA CANTAB	andona	1:53	7:06	9:07	20:25	-----	-----	-----	-----	-----	-----	-----	36:15	37:18
				1:53	5:13	2:01	11:18							15:50	1:03